

ATHLETIC HANDBOOK

2025-2026



Hanson Memorial High School
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The Hanson Memorial Athletic Program shall be conducted in accordance with guidelines outlined in the LHSAA Handbook, the District Bylaws, the student handbook, and the school administration.

Our Philosophy

The Hanson Memorial Athletic Program as part of the mission of Hanson Memorial strives to facilitate and enrich the personal growth of its student-athletes and staff, to develop the total student athlete. The Hanson Memorial Athletic Program actively promotes an environment of excellence in athletic and academic performance, sportsmanship, service, and pride. Our goal is to produce young people who have the capacity to be successful citizens in our highly competitive society. We also want students to leave Hanson Memorial with a great sense of pride in the involvement within the athletic program.

Athletes

Being a member of a Hanson Memorial athletic team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. Athletic programs are not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of Hanson Memorial, you have inherited a wonderful tradition in which you are challenged to uphold. We desire to win, but only with honor. Such a tradition is worthy of your best effort, which extends much further than the field or court you play on. When you wear the colors of Hanson Memorial, it is assumed that you not only understand our traditions, but you are also willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

1) **Responsibility for yourself.** An interscholastic sport is a great venue for a young person to develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences. Your academic studies, your participation in other extracurricular activities as well as in sports, prepare you for life as an adult.

2) **Responsibility to your school.** Hanson Memorial cannot maintain its position as having great athletics unless you do your best in the activity in which you engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school. You assume a leadership role when you are on an athletic team. You are on stage and the spotlight is on you more than you would ever know. The student body, the community and other communities judge our school by your conduct and attitude, both on and off the field. Because of this leadership role, you can contribute significantly to school spirit and community pride.

3) **Responsibility to others.** You also bear a heavy responsibility to your home, you are a reflection of your parents, their love, morals, principles, and attitude. Never waiver on your responsibility to your family and your family can be justly proud of you. The younger students in school are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

Parents

Your son/daughter has indicated a desire to participate in interscholastic athletics, and you have expressed your willingness to permit him/her to compete. We believe that participation in sports provides a wealth of opportunities and experiences, which assist students in personal development. We are concerned with the educational development of these young people through athletics and feel that a properly controlled, well-organized sports program can meet students' needs for self-expression, social, mental and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student's personal growth. **A student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-denial.** These are the reasons we place such stress on good training habits. Failure to comply with the rules of training and conduct means elimination from the program. This concept of self-discipline and self-denial is tempered by our responsibilities to recognize the rights of the individual within the objectives of the team. **There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition.** We are striving for excellence and do not want our athletes to compromise with mediocrity.

Program

Our responsibilities in no particular order are as follows:

- (1) To use this platform (sports) to build a Christian within a Christian Environment. Our aim will always be to work to Glorify HIM!
- (2) To engage not entertain these young men/women
- (3) To provide adequate equipment and facilities for safety
- (4) To control the environment so we can make progress
- (5) To provide appropriate training and preparation
- (6) To provide fair contests with skilled officials.
- (7) To prepare these athletes for life after they play
- (8) Give participants rules & regulations that they must abide by in order to grow their character.
- (9) To encourage them to make long term legitimate choices.
- (10) Fight the good fight against the concepts of Hedonism, Individualism, & Minimalism

ATHLETIC CODE OF CONDUCT

All athletes shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in the program affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality or violations of the law, tarnish the reputation of everyone associated with the athletic program and the school.

The Athletic Department believes that students who are selected for the privilege of membership on teams should conduct themselves as responsible representatives of the school. In order to ensure this conduct, coaches enforce a Code of Conduct.

- Members of teams must always serve as exemplars in high moral character and must demonstrate appropriate academic commitment, which is expected of all students.
- As recognized team players, members are expected to exhibit appropriate behavior during the season or out of season, in uniform or out of uniform, on campus or off campus
- The school has, as one of its primary goals, the academic education of all students; therefore, each coach has the obligation to encourage students to perform within reasonable academic standards.
- All student athletes are expected to be present at school.
- Rule enforcement will be consistent and immediate. School officials are not expected to police off-campus, non-school activities unless the violation is brought to public attention or is sufficiently severe to bring discredit upon the organization.
- The Athletic Department strongly believes that while in season an athlete should be committed completely to his/her team by making every practice/game during the season. The Athletic Director can deem some absences as excused. For every absence (practice/game) that is not excused, a coach may withhold an athlete accountable for time that is missed.
- Students on out of school suspension will not be allowed to participate in athletics while they are on suspension.

Individual and team success in sports results from commitment. The extent to which young athletes can make such commitments reflects their maturity as well as their dedication to family, friend, school, and team. Make that commitment!

ATHLETIC DEPARTMENT POLICIES

1) **Participation** – All high school student athletes (9-12) are required to participate in summer workouts to build relationships with coaches and teammates. While family vacations and other summer events do require an athlete to miss, communication about these misses with HMS coaches needs to take place. Attendance shows the collected commitment necessary by being a part of an HMS team. All athletes must stay in good standing academically in accordance with LHSAA guidelines.

2) **Dropping or transferring sports** – Quitting is an unacceptable habit. A quitter may lose the privilege of participating in athletics. On occasion, however, an athlete may find it necessary to drop a sport for a reason. If this is the case, the following procedure must be followed:

- a) Consult with the Head Coach of that sport
- b) Report situation to the Athletic Director

c) **Check in all equipment**

If an athlete chooses to quit on his/her own accord, he/she may not participate in another sport until the completion of the sport he/she quit, including all playoff games. The player will not be allowed to rejoin the team under any circumstances. The situation may be re-evaluated at the beginning of next year's season.

3) **Equipment** - School equipment checked out by the student/athlete is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation. Uniforms/equipment must be returned in a timely manner.

4) **Missing practice** – An athlete must always consult his coach before missing practice. Missing practice or a game without permission or good reason is unacceptable and consequences will be incurred.

5) **Travel** - All athletes must travel to and from out-of-town athletic contests in transportation provided by the school.

6) **Attendance** - Athletes must attend at least half of the school day (4 class periods, including the class period before leaving) in order to participate. Final authority for infractions of this rule will rest with the Principal. Students absent from school on Friday with a contest the following day (Saturday) will not be eligible to participate unless the principal excuses the absence.

7) **Release from class** - It is the responsibility of athletes to see their teacher the day before the classes they may miss because of an athletic contest. All work shall be made up at the convenience of the teacher. Appropriate grade sheets must be completed and turned in.

8) **Grooming and Dress Policy & BODY ART** A member of an athletic team is expected to be well groomed. Appearance, expression and actions always influence people's opinions of athletes, the team, and the school. Members of a team have made a choice to uphold certain standards expected of athletes in this community. When attending games, either home or away, all athletes must follow the dress guidelines as set forth by the Athletic Department. All teams shall dress alike when traveling on road, either school uniforms or like travel wear. All dress policies for athletes must meet or exceed the standard dress code policies of the school as outlined in the student handbook.

9) **Vacation Policy** – Vacations by athletic team members during a sport season are discouraged. Parents/athletes wishing to do so may wish to reassess their commitment to being an athlete. In the event of an unavoidable absence due to vacation, the athlete must contact the Head Coach to discuss the situation and be willing to assume the consequences related to his/her status on that team.

10) **Team Selection** - In accordance with our philosophy of athletics and our desire to see as many students participate in the athletic program as possible, we encourage coaches to keep the number of athletes necessary to balance the integrity of their sport. Time, space, facilities, equipment, personal preference and other factors will place limitations on the most effective team size for any particular sport.

11) **Reporting Injury** - All injuries that occur while participating in athletics should be reported to the trainer and/or coach. Once a physician has treated an athlete, the athlete must obtain the doctor's permission to return to the activity.

12) **Locker Room Regulations** –

- a) Roughhousing and throwing towels or other objects are not allowed.
- b) Coaches and assigned players only are allowed in the locker rooms.
- c) No glass containers are permitted. Food and drink are discouraged.
- d) No spiked or cleated shoes are allowed in the locker room or in any other part of the buildings, including the gym.
- e) NO SMUT IN LOCKER ROOM, either in speech or being played on a device, the athlete endangers the apparatus playing if played in this common area.

13) **Weight Room Regulations** –

- a) Shirts and shoes must be worn at all times.
- b) No one is to be in the weight room without staff supervision.
- c) All students must be under the supervision of the instructor assigned.
- d) Lifters must work with a partner.
- e) Replace all weights on racks immediately following use.
- f) NO SMUT IN LOCKER ROOM, either in speech or being played on a device, the athlete endangers the apparatus playing if played in this common area.
- g) Do lifts correctly. Warm up properly.
- h) No chewing gum, candy, food or drinks allowed.
- i) No horseplay
- j) No abuse of equipment.

14) **Conflicts in extracurricular activities** - The athletic department recognizes that each student has the opportunity for a broad range of participation, and to this end, will attempt to schedule events in a manner to minimize conflicts. Students should notify the faculty sponsors/coaches involved immediately when a conflict arises.

15) **College Recruitment Policy** – In the event an athlete should be contacted personally by a college recruiter: he has an obligation to work through his coach and the athletic department. Coaches should be contacted as soon as possible.

16) **Training Rules and Regulations** – Medical research clearly substantiates the fact that the use of tobacco, alcohol, steroids and any type of mood-altering substances produce harmful effects on the human organism. You cannot compromise athletic participation with substance abuse. A student who wishes to experiment with such substances should remove himself/herself from the team before he/she jeopardizes team morale, team reputation and team success and does physical harm to himself/herself.

TO STAY IN GOOD STANDING

1) First and foremost, respect this entire program and everyone involved in it. From the youngest or perceived to be least significant player to the Head Coach or the Athletic Director Respect is the Cornerstone of Character.

2) STAY FAR AWAY from tobacco, alcohol, & drugs in any form!

a) Use of tobacco - Research emphasizes that use of tobacco is physically harmful to young adults.

b) Alcoholic beverages – There is no way to justify athletes using alcoholic beverages, even though social pressure may be hard to resist.

c) Drugs – Simply stated, drug abuse is the consumption of any chemical substance or the smoking of some plant derivatives for the purpose of mood modification. Students with a strong sense of purpose have no need for mood modification.

3) Communicate with your coach about absences from practice or games.

4) NO STEALING of any kind; or even pranking others by taking anything that belongs to someone else.

PENALTIES FOR VIOLATIONS

Disciplinary action will be for all offenses on a case-by-case basis.

Penalties could range from extra work after practice, suspension during the season or succeeding season, permanent denial of participation, or even expulsion.

GUIDELINES – COACHES AND SPIRIT SPONSORS

Each Head Coach or Sponsor is responsible for the overall administration of his/her sport and/or program.

A. The Head Coach/Sponsor must be well versed in Hanson Memorial's Athletic Program

Philosophy

It is important to win, but also it is PARAMOUNT to build character and instill proper values in our student-athletes. Each head Coach/Sponsor is expected to formulate his/her own personal philosophy in keeping with the overall school philosophy and mission and see to it that this philosophy guides that program.

B. The Head Coach/Sponsor must oversee and supervise faculty assistants, including registered CECP (no others).

This includes teaching, encouraging, advising, and guiding those coaches so that they are equipped to help our student athletes be the best that they can be, both as persons and as athletes. 1. Assistant Coaches should perform those duties assigned to them by the Head Coach. 2. Assistant Coaches are never to set team policy or dismiss players.

C. The Head Coach/Sponsor must assume responsibility for the following areas either by performing them personally or by delegating that responsibility to an Assistant Coach.

1. Scheduling games, meets, matches, etc.
2. Purchasing and maintaining uniforms and equipment.
3. Maintaining fields, courts, etc.
4. Procuring and paying officials.
5. Securing Transportation to and from games, including cleanliness & diligent cleanup of busses used immediately upon returning.
*Must request a bus then submit mileage log after use!
6. Preparing the field or court for games. This also includes items such as restrooms, bleachers, stadium, PA system, scoreboard, etc.
7. Supervision of locker rooms and dressing areas. A coach must be present in the locker room when students are present.
8. Cleanliness and daily upkeep of facilities to include locker rooms, bathrooms, dressing areas, offices, training rooms, and weight rooms.
9. Seeing that all equipment is secure, all lights off, and all buildings, gates, etc. are locked before leaving campus after games or practices.
10. Making sure that there is adequate supervision for all activities involving the team to include practices, weight room workouts, games, and travel.
11. Teaching athletes the proper techniques to avoid injury.
12. If an injury does occur, make sure adequate treatment is performed and follow-up procedures are followed.
13. Turning in an accurate mileage log of bus use.
14. Picking up team uniforms in a timely manner.

D. Each Head Coach/Sponsor must familiarize himself/herself with all the Louisiana High School Athletic Association rules and guidelines concerning that sport or any other governing authority and make sure that all coaches abide by all rules at all times.

1. The Head Coach must attend all necessary and required LHSAA clinics and meetings on time.
2. The Head Coach/Sponsor must work with the Athletic Director to be sure all required forms are completed and submitted and filed by all athletes prior to competition. These forms include, but may not be limited to:
 - a. LHSAA eligibility forms and master list
 - b. Birth Certificate
 - c. Physical
 - d. Athletic Participation/Parent permission Form
 - e. Substance Abuse/Misuse forms for LHSAA

3. The Head Coach/Sponsor should monitor athletes' grades on a regular basis. They should work with the teachers and athletic director to help with students who are not making appropriate grades.
4. The Head Coach/Sponsor must present his/her team's finalized roster & finalized schedule two weeks prior to the 1st contest.

E. Each Head Coach/Sponsor is responsible for the financial aspects of their sport.

1. Each Head Coach/Sponsor is responsible for the administration of their sport's budget and non-budget. They are responsible for making purchases necessary for their sport, but within reason to maintain financial responsibility.
2. The Head Coach/Sponsor is responsible for the gate and concession receipts. They are responsible for adequate control over how the money is handled and that it is secured to prevent possible theft.

F. Each Head Coach/Sponsor will be responsible for other miscellaneous duties that include, but are not limited to, the following:

1. The Head Coach/sponsor must determine lettering policies and other awards for his/her sport.
2. All coaches must work well with the media. All stats and game reports should be submitted to all possible media outlets. We must see that Hanson Memorial's teams and its athletes get publicly recognized when it is deserved.

*** Coaches must attend All District meetings which occur at the end of the respective regular season.

***Coaches should contact local sportswriters at the regular seasons' end to nominate deserving players of state honors.

Note: Refer to A.D. for any questions or contact names.

3. Work to do everything possible to help students get athletic scholarships.
4. Coaches must have well organized practice plans.
5. All coaches must teach the fundamentals of the game.
6. All coaches must inform student athletes of team and school expectations and see to it that all athletes adhere to these policies.
7. All coaches must be a positive role model for all students.
8. All coaches must be sure that they always reflect positively on the school and the athletic department.
- 9.Coaches should never berate an athlete with profanity.
10. All coaches must be very careful to never berate or harass a student.
11. Be a Team player – in the small school environment which we have it takes everyone to make this program not good but GREAT, something that this school community deserves and needs/

Home-Study/ Hanson Memorial Athletic Participant Guidelines

School Expectations of Athlete

- The home study student/family is responsible for acknowledging that they are taking part in the rich Christian Tradition of Hanson Memorial, keeping in mind who we are, where we come from, and what we represent.
- It is the responsibility of the student/family to familiarize themselves with the policies of Hanson Memorial by reading and signing our handbooks. Expectations of an everyday Hanson Memorial Student should be followed by the home study-Hanson Memorial Athlete.
- As a representative of Hanson Memorial, the home-study/Hanson Memorial Athlete must first and foremost, conduct themselves in a manner consistent with the guidelines of the Hanson Memorial Student Handbook/ HM Athletic Handbook while on and off campus, while in or out of Hanson Memorial issued gear. See Behavior Code for Hanson Students
- Christian character, school pride, and discipline are non-negotiable fundamental attributes of Hanson athletes. All athletes are expected to be men and women of character, take pride in their school community, and practice discipline in personal as well as team decisions.
- An initial, up-to-date medical drug screen of the home-study/Hanson Memorial Athlete at the parent's expense must be provided to the school before participating. It should be understood that the home-study/Hanson Memorial Athlete is subject to a random drug screen like all other Hanson Memorial Students.
- The home-study/ Hanson Memorial Athlete will be required to pay double the current Hanson Memorial Athletic Fee for each sport they participate in.
- The home-study/Hanson Memorial Athlete and family *must actively participate* in the major Hanson Memorial Athletic Fundraiser (Carnival)

It should be understood that the Home-study/Hanson Memorial Athlete will be limited in their engagement in school sponsored social events and activities. These events must be understood as an invitation only.

It should be understood that the home-study/Hanson Memorial Athlete will **not** be eligible for distinguished Hanson Memorial Athletic Honors.

LHSAA Expectations

- Students must meet all LHSAA standards and requirements, and all forms must be on file in the coaches' office.
- A student should reside in the Hanson Memorial/Franklin attendance zone, if not the

student must complete all information and sit out of competition for 1 calendar year.

- A written request to play must be in the school official's hands by the 11th day of school.
- Approved documentation from BESE of the student's participation in an approved home school program.
- Proof of Health insurance coverage
- Proof of Scholastic Requirements Rule; Transcript/report card showing units and grades earned as well as GPA.
- LHSAA Code of Conduct/Discipline Agreement
- Registered on LHSAA Members Website (completed by the HMS Athletic Director)

Additional Notes:

The Hanson Memorial Athletic Administration, consisting of the Pastor, Principal, Athletic Director, and the Head Coach of said sport, will evaluate any potential home-study/Hanson Athletes. Participation will be granted on a case-by-case basis to further ensure that the home-study/Hanson Memorial Athlete is a good fit in our athletic program.

If a student leaves Hanson Memorial to begin a home-study program, the norm will be that the athlete will have to *wait two calendar years before participating* in Hanson Memorial Athletics **unless** the Hanson Memorial Athletic Administration cites extenuating circumstances as a departing factor, which in that case the athlete may be allowed to participate.

ATHLETIC JACKETS

The athletic awards system at Hanson Memorial High School, grades 9-12, is to honor and pay tribute to outstanding achievement individually and collectively. Written criteria and outline procedures to determine lettering are as follows:

WEARING OF LETTER JACKET

1. The school athletic letter and the right to wear the Hanson School award jacket are given to athletes who have represented the school in athletics and met requirements set down. The jacket is the highest award the Department of Athletics has to offer. It may be worn only by Hanson's finest athletes and is earned only through their best efforts. It is an honor to wear it. Student athletes wearing this emblem must remember that to the world at large, the emblem stands for Hanson Memorial High School and our school will be judged by their conduct. Their behavior must, therefore, be such as to reflect only credit upon the name of their

Alma Mater.

2. The blue, white and gold jacket may be worn only by the athlete who has earned it while the athlete is enrolled at Hanson Memorial

3. If a student leaves the school, not including graduation, the student forfeits the right to be awarded a jacket.

ATHLETIC ACTIVITIES:

Football Boys'/Girls' Track

Boys'/Girls' Basketball Boy's Golf

Baseball Volleyball

Softball Cross Country

Cheer

MAJOR SPORTS: Football, Boys' Basketball, Girls' Basketball, Boys' Track, Girls' Track, Baseball, Softball, Cheer, Volleyball

MINOR SPORTS: Stats/Mgrs.

GENERAL CRITERIA FOR EARNING LETTER AWARDS AND ATHLETIC JACKETS:

1. To qualify for a jacket, an athlete must earn the following:
 - a) 2 letters in Major sports
 - b) 1 letter in Major and 2 letters in Minor sports
 - c) 3 letters in Minor sports.
2. Adherence to athletic policy.
3. Recommendation by Coach and approved by Athletic Director
4. Participation by sports
 - a) Quarters, innings
 - b) Matches
 - c) Contest & points
5. Finishing the respective sports season, including playoffs, unless injured.

NOTE: In reference to the criteria below, even if a student has met the above criteria, he/she still may not receive a jacket until their junior year.

SPECIFIC CRITERIA FOR EARNING LETTERS:

1. Football
 - a) Play 50% of the quarters.
 - b) Participation in any part of a quarter constitutes a full quarter.
2. Volleyball

- a) Play in 50% of sets
- b) Participation in any part of a set constitutes a full set.

2. Basketball

- a) Play 50% of the quarters.
- b) Participation in any part of a quarter constitutes a full quarter.

3. Track

- a) Participate in 50% of the track meets.
- b) Points to be earned – average 1 point per regular scheduled meet or score any points in district, regional, or state meet.

4. Baseball

- a) Play 50% of innings played
- b) Participation in any part of an inning constitutes a whole inning.

5. Softball

- a) Play 50% of innings played.
- b) Participation in any part of an inning constitutes a whole inning.

6. Golf – Participate in 50% of matches and/or the Regional Match.

7. Any athlete not meeting the lettering requirements above may be lettered at the head coaches' discretion with approval by the Athletic Director.

METHODS OF EARNING INDIVIDUAL AWARDS FOR ALL SPORTS:

1. Participating but not meeting criteria for letter – Certificate of participation
2. First letter earned: Credit for service bar.
3. An athlete transferring to Hanson Memorial High School will be allowed to qualify for a jacket providing they meet the guidelines in the section "Specific Criteria for Earning Letters".
4. An athlete/manager/statistician may not receive a jacket prior to the beginning of the junior year. Only one jacket may be awarded to an athlete/manager/statistician during his/her high school program, grades 9-12.
5. The types of jackets awarded will be determined by the Athletic Director and Principal.

Annual Athletic Awards

Keylee Ingram Award- presented each year to the senior student demonstrating school spirit.

HMS Female Academic Athlete Award- presented to a senior female athlete who has maintained at least a 3.0 avg while participating in basketball and one other varsity sport for 2 yrs.

HMS Male Academic Athlete Award- presented to a senior male athlete who has maintained at least a 3.0 avg while participating in football and one other varsity sport for 2 yrs.

Judge James “Jim” McClelland Award- presented to a senior athlete who has shown a great love and loyalty to their athletic endeavors while here at Hanson.

Scholar Athlete (Male/Female)- presented to the senior athletes who have maintained at least a 3.0 avg and demonstrated great character through athletics.

George Boudreaux “Daddyman” Award- presented to a senior male athlete to recognize their dedication to keeping the Hanson tradition of excellence in athletics.

Mayci Breaux Female Leadership Award- presented to a student yearly who displayed great leadership qualities in the eyes of the athletic department.

Patrick Purpera Male Athlete Award- presented to a student yearly who displayed great leadership qualities in the eyes of the athletic department.

Mayci Breaux / Pious Scholarship- established by Todd Landry this scholarship will be presented to a Senior Cheerleader or Senior Pep-squad member who best exemplifies the qualities Mayci is most remembered for.

Male Varsity HMS Athlete of the Year- presented to the athlete deemed by the entire athletic department to have had the best overall athletic year at HMS.

Female Varsity HMS Athlete of the Year- presented to the athlete deemed by the entire athletic department to have had the best overall athletic year at HMS.

Male Christian HMS Athlete of the Year- presented to the athlete deemed by Hanson Memorial Administration who exemplifies the traits of Christian living.

Female Christian HMS Athlete of the Year - presented to the athlete deemed by Hanson Memorial Administration who exemplifies the traits of Christian living.

Coaches Award (each sport) awards given by each varsity head coach.

(Awards are only given if a worthy candidate is determined by the coaches and Athletic Director.)

Protocol in Dealing with Parent Conferences Involving Athletic Teams

1. Conferences with all parents shall use the same guidelines as used in our handbook for teacher/parent conferences, including keeping a record of the discussion.
2. The Head Coach/Sponsor of each sport is the only one to have private meetings with parents. If an assistant is to be involved in the meeting the Head Coach/Sponsor, Athletic Director and/or Principal must be present. If needed or requested, the Athletic Director and/or administration may be present at all parent conferences.
3. It is strongly encouraged that all conferences include the parent(s) and student athlete at the meeting, so everyone is involved in the discussion and all sides are heard and quoted accurately.
4. If a Head Coach/Sponsor is approached directly after an athletic contest they are encouraged not to talk instead to direct parents to set all conferences up and discussions with the Athletic Director at least 24 hours after the contest has been concluded.

Athletics Warning and Notification of Risk

Playing, practicing, or participating in any sport can be a dangerous activity involving risks of injury. The dangers and risks include, but are not limited to; death, serious neck and spinal injuries, which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligament, muscles, tendons and other aspects of the muscular system, and serious injury or impairment to other areas of the body, general health and well-being. Playing, practicing or participating in interscholastic activities may result not only in serious injury, but in a serious impairment of future abilities to earn a living, to engage in other business, social and recreational activities and generally to enjoy life.

In signing the handbook signature page, I acknowledge that I have read this WARNING. I am aware of and understand the risks of playing, practicing and participating in interscholastic activities. I recognize the importance of following the coaches' instructions regarding the activity. I/we are the parent(s)/legal guardian(s) acknowledge that this Warning and Notification of Risk notice has been read and understand the risks of our child participating in interscholastic activities.

WARNING: All forms of sports activities carry with them risk of injury. Injuries are common occurrences therefore require the deliberate and conscious control of your physical body and mind in relation to ever-changing variables. Safety is directly affected by your judgment. Therefore, I/we are fully aware that all forms of recreational activities are hazardous, filled with risks and that falls, collisions and injuries are a common occurrence in these activities. I accept for myself full responsibility for any and all such injury of any kind that may result from my actions, my

participation in the foregoing activities. I further agree that if any portion of this agreement is determined to be unenforceable by a court of law, all other parts of the agreement shall remain in full force and effect.

Moreover, I/we hereby promise not to bring a claim against or sue Hanson Memorial High School for any involvement or participation in sanctioned sports, physical education classes, intramural, training or sanctioned sports. I freely and voluntarily accept all risks of injury, death or property damage and agree for myself and my heirs to RELEASE, HOLD HARMLESS and INDEMNIFY Hanson Memorial High School, the Church of Assumption, and the Diocese of Lafayette, and affiliates, away game sites, and their employees, coaches, teachers, administration, and agents from any and all liability for personal injury including death.

I/we have read the above paragraphs and fully understand that this is a RELEASE OF LIABILITY, which will legally prevent me or any other person from filing suit or making any other claims for damages in the event of personal injury or death, holds Hanson Memorial High School, the Church of Assumption, and the Diocese of Lafayette, and affiliates, away game sites, and their employees, coaches, teachers, administration, and agents held harmless. I freely and voluntarily enter into this agreement.

I/we acknowledge and fully understand that I and/or the minor participant, will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result only from my own actions, inactions or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, there may be other risks not known to me or not reasonably foreseeable at this time. I/we assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death, including but not limited to all medical expenses.

I/we release, waive, discharge and covenant not to sue Hanson Memorial High School, the Church of Assumption, and the Diocese of Lafayette, and affiliates, away game sites, and their employees, coaches, teachers, administration, and agents, its affiliated clubs, their representative administrators, directors, agents, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, their heirs, and if applicable, owners and lessors of premises used to conduct the sporting events from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.